

Quinoa- Bean Salad



Servings: 6

Total Time: 35 min

Ingredients

- 2 cups water
- 1 cup quinoa
- 1/4 cup extra virgin olive oil
- 2 limes
- 2 tsp ground cumin
- 1 tsp salt
- 1/2 tsp red pepper flakes
- 1.5 cups of cherry tomatoes (halved)
- 1 (15oz) can black beans
- 5 green onions (chopped)
- 1/4 cup cilantro (chopped)
- salt and pepper to taste

Directions

1. Cook quinoa in medium saucepan
2. While quinoa cooks, whisk olive oil, lime juice, cumin, salt and red pepper flakes together in small bowl
3. Once quinoa is done, combine quinoa, black beans, green onions, tomatoes in large bowl
4. Pour dressing over quinoa mix and gently mix to combine
5. Add in cilantro
6. Add salt and pepper to taste
7. Serve hot or chilled